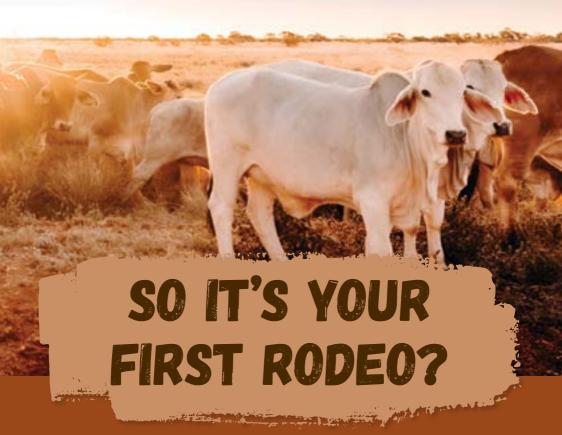
# UNSPOKEN WISDOM FROM THE BUSH



A ROOKIE'S GUIDE TO SURVIVING AND THRIVING IN YOUR FIRST YEAR IN THE BEEF INDUSTRY

### ARE YOU READY?

Do you know what's expected in your role?

How to handle yourself in a new work environment?

The beef industry is hugely diverse and rewarding, and career opportunities are everywhere.

It's also tough and challenging.

Let's make the starting out experience for both employers and employees more smooth through words of wisdom and unspoken truths.



## WHO ARE WE?

We are participants of the Advancing Beef Leaders (ABL) program in 2025. This is our group project, and we are passionate about helping young people get a START and STAY in the Beef Industry.



### LET'S GET STARTED

- 1. PROPER PRIOR PREPARATION
  What do I pack?
- 2. SURVIVING & THRIVING

  It's not just saddles and sunsets!
- 3. HELP!
  Who you gonna call?
- 4. WHERE TO FROM HERE? Educating yourself!





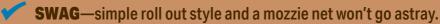
# Your #1 investment to hit the ground running!

#### WATER

Bring a YOWY (big water bottle) for big days in the yards and a smaller one for your saddle bag. Get yours engraved so you're not sharing from the same trough.



# ALL THE RIGHT GEAR IS A GOOD IDEA!



**RADIO HOLSTERS**—make sure it's comfortable and keep your aerial to the outside so it doesn't poke you in the face. Pockets on your holster are great for extras eg. phone and lippy.

UHF RADIO—ask your employer for recommended brand and size.

**WATER BOTTLE HOLDERS** that can go on saddle and bikes— there are some great leather and pvc mesh options with tie straps.

GEAR BAG—Vinyl is dust and waterproof.

Get yourself a pair of CROCS!

Sunscreen **EVERYDAY**.

**HYDROLYTES**—sachets or a jar.



## YES... BUY THE SECOND PAIR OF BOOTS



**BOOTS just ain't boots!** Rubber-soled boots are comfortable, shock resistant and will save your soul. Refer to the table at your own discretion.

Keep your boots oiled with saddle oil to keep them waterproofed!

Riding Horses
Riding Motorbikes
Yard Work
Boot Scootin'







SHIRTS: LIGHTWEIGHT FOR SUMMER AND HEAVY DRILL FOR WINTER. LONG SLEEVES AND BIG POCKETS. BRING A BRIGHT VERSION FOR FUN DAYS!

MAKE SURE YOU HAVE A WIDE-BRIMMED HAT THAT WILL STAY ON YOUR HEAD!

BE SURE TO BUY LONGER
JEANS FOR RIDING HORSES



## SURVIVING & THRIVING

IT'S NOT ALL SADDLES & SUNSETS

# IN THE PADDOCK & AROUND VEHICLES

**ALWAYS** check your fuel (gauges are often broken), especially sub tanks!



Check your vehicle—Fuel, air, water, oil.

Wear a helmet! Your future self and family will thank you.

Make sure you charge your UHF radio & test your channel.

Always **check how the gate is chained** before you open it (and do it up the same way).

If you're lost in a paddock **stay on a fence or road**—stick to landmarks.

#### AROUND LIVESTOCK

# 1 RULE—NEVER, EVER swing gates shut behind stock in the yards—a cow can kick a gate faster than the speed of sound and you'll literally get your head smashed in!

**BALING TWINE** Always pick up and bin or burn safely.

If your horse bolts remember your brakes are the **one-rein stop!** 

Always **check your girth & saddle blanket for prickles!** Nobody needs a prickle in their jocks.

If you say you can ride, they'll give you the rankest pony in the camp!

Horse maintenance before and after every ride.

**Spray your hat with aeroguard** for flies before you leave for the day.

#### COMMUNICATION

**ATTITUDE** is everything!

Listen carefully... with your ears open!

Make sure you always **understand your instructions** before walking away—repeat back to confirm you understood.

If you say you'll do it, then you better bloody well do it!

**Honesty is the best policy...** Mistakes happen.

Learn from them and move on!

Take critical feedback with utmost respect.

Don't be afraid to ask for advice.

Find yourself a mentor and ask questions.

If conversations get heated, **take a deep breath and pause before responding.** 







People are the driving force behind agriculture. Inspire AG assists the industry in growing people-first farming businesses with a focus on safety, productivity and fostering respectful cultures.

Contact Inspire AG at www.inspire-ag.com.au/



#### STATION ETIQUETTE

#### Be punctual and be reliable.

A firm handshake and eye contact is the only way in the bush! **First impressions count.** 

Take your hat off when you walk inside.

Hygiene is very important—wash your face & hands EVERY morning before breakfast, at smoko and lunch before you sit in the camp!

Don't take the last piece of cake (or steak, quiche, beer) without offering your crew first.

Don't stand around waiting—there's always something to clean.

Wait for the dust to settle before opening car doors.

Cut your lunch before breakfast.

#### Always say thank you to the Cook and clean up after yourself!

Got the weekend off? Make sure you **maintain the camp culture** when you're having a good time.

Get up before everyone else.

#### **SOCIAL MEDIA—Make memories not content!**

**Be mindful** of how your posts might be perceived by those outside the industry. Always check your post aligns with your employer's policy and ethics.



SOAP





#### WANT TO PREVENT BEING 'BURNED OUT'?

#### BE PREPARED

Sign up to any **first aid training** that is available.

Carry an emergency beacon in your saddle bag or on your belt.

**Have bandages everywhere**—in your glove box, in your lunch box and on top of your fridge.

**Snake bites are a real thing** so get familiar with the protocol and take it seriously.

Get a **Q-fever vaccination** as soon as possible.

Call Ergon to report faults on 13 22 96

Have the Fire North website handy www.firenorth.org.au/nafi3

**Download the Emergency Plus App** 

#### ARE YOU OK, MATE?



THE RESERVE AND A STREET

Mateship Manual TIACS
Free mental
health support

Sober in the Country

# WHO WILL YOU CALL IN AN EMERGENCY?



Station GPS Coordinates:	
<b>RFDS:</b> 1800 DRS FLY (1800 377 359)	
Poison Hotline: 13 11 26	
Local Fire Brigade Contact:	
<b>Neighbour Contacts:</b> Name, Phone Number & Radio Channel	
	-
	TIP Take a
	photo of emergency
Ø	numbers and save
	this in your phone

# WHERE TO FROM HERE?



KEEP LEARNING NEW TRICKS

For your first year, find an employer that has an induction week or offers professional development throughout the year

## Tools to self-improve

Low stress stock handling school Horse breaking-in school Horse shoeing school Preg-testing school

## Keep yourself up-to-date with industry courses

www.inspire-ag.com.au
www.agcareerstart.com.au
www.youngaussiefarmers.com
www.futurebeef.com.au/events
https://agriculturejobsauswide.com/events

#### TOP Find yourself TIP a mentor

Facebook: @thekelpieconcept Website: thekelpieconcept.com

## Become involved in your local community!

Volunteer for a local committee such as the rural fire brigade, campdraft or races

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#### CAREER PATHWAYS

#### Endless opportunities...

**Abattoir Worker** 

**Agri Finance** 

**Business Analyst** 

**Contractor: Fencing, Mustering** 

**Data Analyst** 

**Department Primary Industries** 

**Drone Technology** 

**Extension Officer** 

**Farrier** 

**Helicopter Pilot** 

Horse or Weaner Educator

**Industry Course Instructor** 

**Livestock Agent and Auctioneer** 

**Natural Resource Management** 

**Nutritionist** 

**Pasture Agronomist** 

**Product Rep** 

**Property Mapping** 

**Research and Development** 

**Rural Financial Counsellor** 

**Soil Conservationist** 

**Station Manager** 

**Truck Driver** 

Veterinarian

Weed & Vegetation

Management

#### SHOOT FOR THE STARS

AND APPLY FOR THESE RENOWNED OPPORTUNITIES

Advancing Beef Leaders Program
Beef Supply Chain Traineeship with Signature Beef
CHRRUP LEADAg Program
Marcus Oldham College
Nuffield Scholarship
Zanda McDonald Award

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#### INDUSTRY PARTNERS













Proudly created by the ABL Northern Cohort 24/25

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